THE Ebbsfleet ACADEMY
Aspire, Excel

**Subject:** Food Technology
**Year:** 8
**Term:** 2
**Topic:** Food Choices

**Lesson Sequence:**
1. Social factors
2. Environmental factors
3. Cost factors
4. Sensory factors

**Key Assessment:**
1. Essay

**Practical lessons: containers required**
1. Mixed salad

2. Chicken curry

**Section 1: Quiz date =**

Learn the spellings and definitions.

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|---|---|
| Social factors | Factors relating to human society, and individual choices. |
| Vegetarian | A person who does not eat any meat or fish. |
| Vegan | A person who does not eat any product from an animal, including meat, fish, eggs and milk. |
| Pescatarian | A person who does not eat meat, but will eat fish. |
| Local produce | Foods grown locally, near to the consumer. |

**Section 2: Quiz date =**

Learn the spellings and definitions.

| | |
|---|---|
| Environmental factors | Factors relating to the natural world (including animals), and the impact humans have on this. |
| Carbon footprint | The amount of carbon dioxide released in the production of a food, linked to its contribution to climate change. |
| Food miles | The distance a food product has been transported during production. |
| Seasonal | Foods that can only be grown/ produced in a country a certain times of the year. |
| Organic | Foods grown without the use of artificial chemicals or fertilisers. |

**Section 3: Quiz date =**

Learn the spellings and definitions.

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|---|---|
| Cost factors | Factors relating to money and economy. |
| Sensory factors | Factors relating to the senses (taste, touch, sight, smell, sound). |
| Import | When goods are bought in from another country. |
| Export | When goods are sold and transported to another country. |
| Fair trade | Trade between countries where a fair amount is paid to the producers/ farmers in the exporting country. |