

Year: 7
Term: 1b
Topic: Friendships and Bullying

Lesson Concepts

1. Friendship
2. Bullying
3. Social media
4. Discrimination
5. Community
6. Mental health
7. EA Exam

Key Words:			
Friendship	The emotions or conduct of friends; the state of being friends.	Bullying	Use superior strength or influence to intimidate (someone), typically to force them to do something.
Respect	Thinking about the feelings, wishes, or rights of others.	Kindness	The quality of being friendly, generous, and considerate.
Trustworthiness	The ability to be relied on as honest or truthful.	Speculation	Forming a theory or opinion without any firm evidence.
Social media	Websites and applications that allow users to create and share content or to participate in social networking.	Stereotype	A widely held but oversimplified image or idea of a particular type of person or thing.
Discrimination	The unjust treatment of different groups of people, especially on the grounds of race, age or sex.	Loneliness	Sadness because one has no friends or company.
Isolated	Having minimal contact or little in common with others.	Mental health	A person's condition in relation to their psychological and emotional well-being.
Self esteem	Confidence in one's own worth or abilities; self-respect.	Community	A group of people living in the same place or having a particular characteristic in common.
Homophobia	Dislike of or prejudice against homosexual people.	Islamophobia	Dislike of or prejudice against Islam or Muslims, especially as a political force.
Racism	Prejudice or discrimination against someone of a different race based on the belief that one's own race is superior.	Inclusiveness	The quality of including all sections of society.

Key Questions:

- a) How can you make other people around you feel more welcome?
- b) How can you have a positive impact on different communities you belong to?
- c) How can social media be used in a positive way?

Key Assessment

25 mark exam questions on the topic of friendship and bullying

How to beat bullying:

- Stand up for people who are bullied
- Always tell a teacher or an adult if you are being bullied, or if you know of any bullying taking place
- Don't be a bystander – refuse to allow bullying to happen around you
- Make friends with those who seem lonely
- Include everyone, and don't leave anyone out
- Treat others as you wish to be treated
- Be kind to others
- Don't judge people; you don't necessarily know their whole story

The Ebbsfleet Academy Values and Motto:

Values	Confidence, Independence Integrity Resilience Respect
Motto	Aspire, Excel